





A CUP OF HEALTH

## PREPAREDNESS FOR SENIORS

Discuss how to be prepared for any emergency. Topics include what to do before, during and after an emergency to keep you and your loved ones safe. How to be informed, make a plan, and build a kit for emergencies.

## SEPTEMBER 27TH | 1:30-2:30PM ELM GROVE PUBLIC LIBRARY

13600 Juneau Blvd | Elm Grove, WI | (262) 782-6717 To Register: Register online at <u>www.elmgrovelibrary.org</u>

Handouts on the topic and a small gift will be available for participants at end of the session.